



# HELP Annual Report 2023



# TRIBUTE TO LATE ANTHONY LUNCH



Late Anthony Lunch

13th Feb 1945- 20th October 2022

## Tribute to Anthony Lunch, who helped plant the seed of hope in Education for children across Helambu!

First of all, on behalf of HELP and the entire community associated with HELP and the people of Helambu in Nepal, we would like to express our tributes to our most valuable supporter, the founder of MondoFoundation and a great human being who sadly passed away in October of 2022. We also express our condolences to Martine, Nick, Cecilia, Chris, Jenny, and the Lunch family.

We vividly remember Anthony Lunch and his wife Martine visiting Nepal for the first time in early 1990. They had travelled to Nepal to visit their son Nick, who was volunteering at Yangrima Boarding School. Little did we know then that he would go on to support the village through the thick and thin of our times. We saw a brand new school building being constructed at Yangrima, and Anthony was a pivotal partner. Anthony knew that his vision had the potential to connect and support many other communities around the world and didn't stop at one school. Upon this foundation, MondoChallenge set up a charitable arm in 2004. Galvanized in his belief that lasting change best takes place when people come together, hundreds have gone on to volunteer worldwide. Scores of supporters have raised millions of pounds to cater for the immediate needs of communities, educating children, lifting people out of economic difficulty and providing relief during times of emergency.

Anthony never waited for the big charities and organisations to act but often became a superjet force and acted quickly. He inspired everyone connected to Mondo to believe in "self-reliance" whilst doing charitable work. In 2009, Anthony helped us to set up HELP - Helambu Education and Livelihood Partnership (HELP)- now Mondo's key partner in Nepal where we started from a modest £25,000 grant that has gone on to support hundreds of schools across Nepal. He remained a loyal and steadfast supporter, from putting the foundation of the first school in Helambu since developing a partnership at HELP to all the 15 schools we reconstructed after the catastrophic earthquake of 2015. He last visited Nepal in 2017 to observe the schools damaged by the quake and returned with greater urge to help us finish the humongous task of school reconstruction we had undertaken. Without him, not only would we not have accomplished it, but many hundreds of children would not have received safe and proper classrooms in which they are studying now, be in the remote villages of Tartong, Birkharka, Gunsas, Bhotenamlang etc.

Our initial programmes at HELP, which we continue to do, be it organizing scholarships for students, teachers support programmes, volunteering programmes, etc., each had Anthony's contribution. They were much aligned with his vision and earnest dedication to how he believed would make a real difference in people's lives.

In his tribute, we are pleased to share that we will soon launch the "Anthony Lunch Scholarship Fund." In the least way, we will wish to remember him and his work for a very long period of time. Please join us in contributing to this effort via <https://www.justgiving.com/campaign/anthonylunchlegacy>. In the link below, published by Oxford University Yacht Club, there is more detail on Anthony Lunch and his work: <https://ouyc.co.uk/in-memoriam-anthony-lunch/>



# 12th YEAR JOURNEY



In 2022, HELP proudly celebrated its 12th anniversary, a milestone that wouldn't have been possible without the unwavering support of our incredible community. Gathering over 300 friends, including students, school heads, teachers, community leaders, government authorities, and local supporters, we reflected on the remarkable journey that has brought us this far. Their involvement has fostered growth and established fruitful partnerships that have profoundly impacted HELP's vision.

What began as a modest initiative to improve a few schools in Helambu has blossomed into a transformative endeavour, reaching out to over 200 public schools across approximately 20 districts. Throughout the past decade, we have directly impacted the lives of more than 20,000 children, making significant strides in education.

We took a trip down memory lane during the event, reminiscing about our humble beginnings and the challenges we overcame. We also proudly shared the stories of our many successes, highlighting the key milestones we achieved and the outstanding outcomes of our current programmes.

To showcase the tangible results of our efforts, students from Saathi School proudly exhibited their impressive work, a testament to the positive change that HELP has fostered in their lives. Additionally, we took the opportunity to honour 40 scholarship awardees.

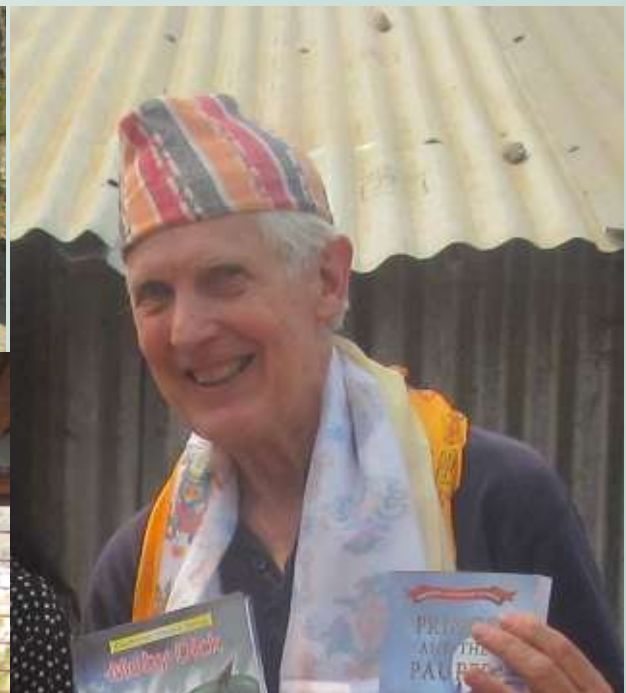
As we celebrated this momentous occasion, we were grateful for the continuous support from our network of friends and partners. With renewed passion and dedication, we look forward to the next chapter of our journey, where we aim to expand our reach even further and continue making a profound difference in the lives of countless more children and communities in need.

# Last message from Anthony Lunch

**Tribute to Anthony Lunch, the man who helped plant the seed of hope in Education for children across Helambu!**

## In memory of Beloved Anthony Lunch

"As HELP marks a decade of work in education and community development, I would like to congratulate you on the outstanding achievement of your special anniversary. When I look back at the visits I made since 2013 (and indeed earlier) with Martine to the schools, MondoFoundation supported me during this period. I am overwhelmed by the fantastic work that has taken place. Starting with the smaller classrooms in 2009, before HELP's formation, but with your amazingly energetic and dedicated leadership, I am incredibly proud that Mondo has been involved with such a dedicated team. Your constant desire to improve the quality of education, initially encouraging girls to attend school, has led to the pathfinding teacher training programme, which will have transformed many of your students' futures. The presence of many volunteers under your leadership has been just one of the many programmes you have developed. I look forward to a visit next year and to celebrating this wonderful anniversary in person with you!"





# ACKNOWLEDGEMENT

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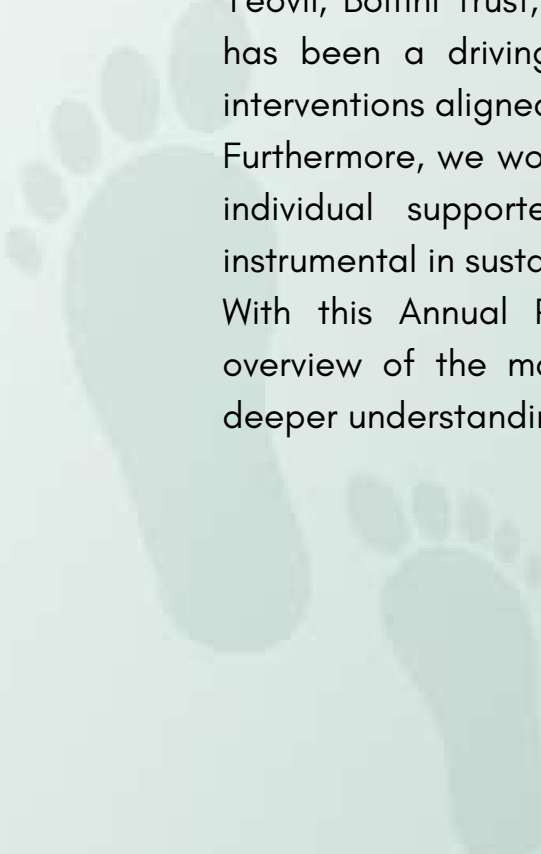
We are delighted to present the Annual Report 2022 of the Helambu Education Livelihood Partnership (HELP), highlighting the significant progress made from July 2022 to July 2023.

First and foremost, we extend our heartfelt gratitude to the Nepal government for their unwavering belief in our mission and for granting us the opportunity to make a difference in the communities of Nepal. We are also deeply thankful to the Social Welfare Council (SWC), provincial and local governments, and all the communities and beneficiaries who have joined hands with us and continuously supported our initiatives and programs.

None of this would have been possible without the invaluable support of our key development partners: Panchpokhari Rural Municipality, Tripura Sundari Rural Municipality, Abukhaireni Rural Municipality, Teach For Nepal, Facts Nepal, Dish Home, Mondo Foundation, School in a Bag, Adventure Aid, Himalayan Hilife, International Teacher Association, University of Cambridge, Health Habitat, Loughborough Students' Union, Go Global VT, Friends of Nepal, Rotary Club of Yeovil, Boltini Trust, Awasa, and Eagle Foundation. Their partnership has been a driving force behind our ability to carry out critical interventions aligned with our goals.

Furthermore, we would like to express our sincere gratitude to all the individual supporters whose kindness and support have been instrumental in sustaining HELP's activities within the community.

With this Annual Report, we hope to provide a comprehensive overview of the major accomplishments in 2022-2023, offering a deeper understanding of HELP's significant contributions.



# EXECUTIVE SUMMARY

## **Helambu Education Livelihood Partnership (HELP): Empowering Communities through Education and Sustainable Development**

Helambu Education Livelihood Partnership (HELP): Empowering Communities through Education and Sustainable Development

Helambu Education Livelihood Partnership (HELP) is a prominent Nepalese NGO dedicated to enhancing access to quality education in community-managed government schools and fostering sustainable development in the rural region of Nepal. Since its inception in 2009, HELP has collaborated with the UK-based charity, Mondo Foundation and several other organisations and individuals who share a common vision of supporting grassroots education and livelihood development projects in various developing nations, including Nepal. At the heart of HELP's mission is a participatory and holistic "bottom-up" approach that seeks to bring about meaningful improvements in education.

In addition to its core focus on education and livelihood enhancement, HELP has proven to be a responsive and reliable partner in times of crisis. During significant challenges like the Nepal earthquake in 2015, the COVID-19 pandemic, and the aftermath of floods in Sindhupalchok, HELP has stepped up to provide humanitarian aid and life-saving interventions to affected communities.

Now, let's delve into the highlights of the diverse activities carried out by HELP during the year 2022-2023, all of which are grouped under the following programmes:

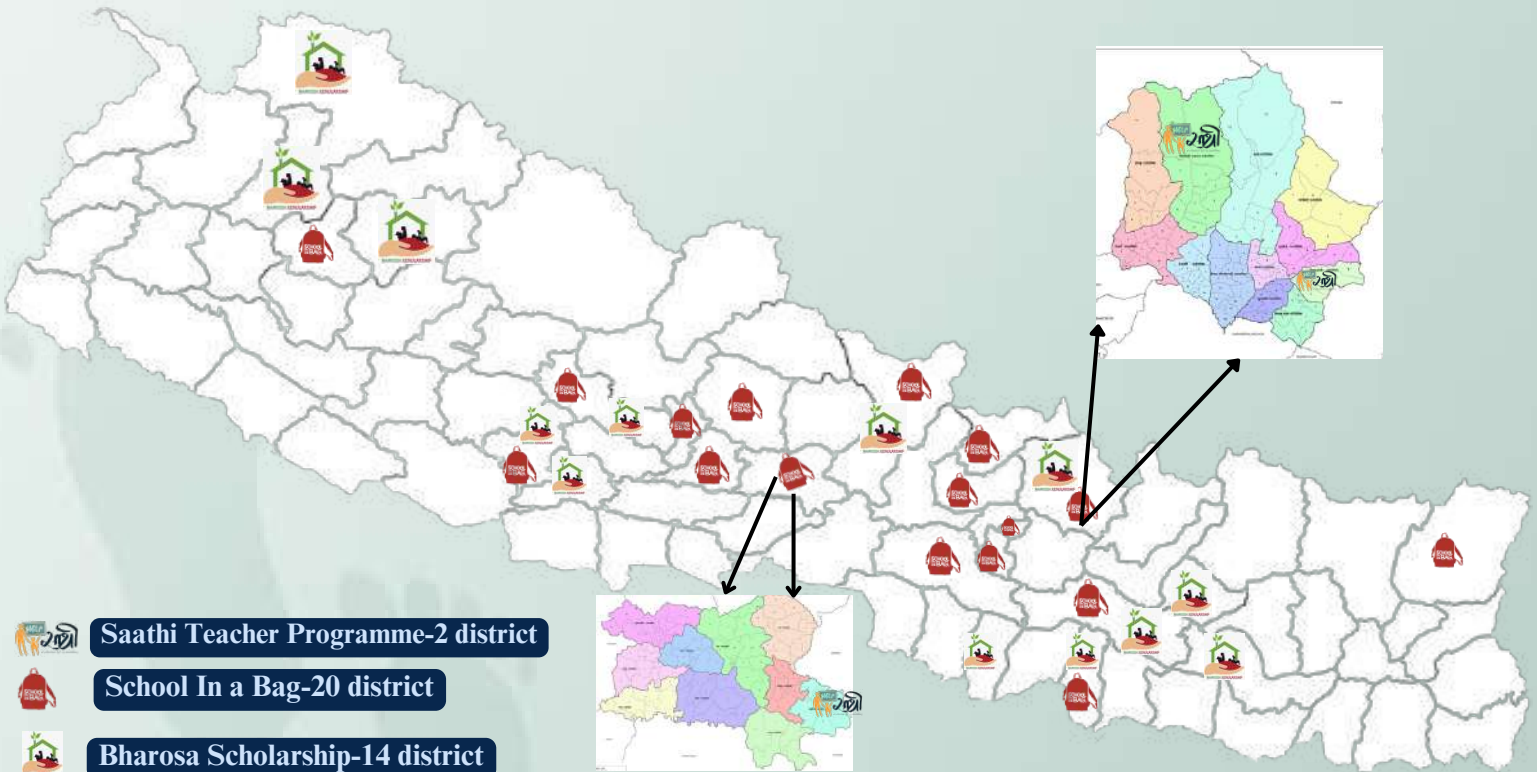
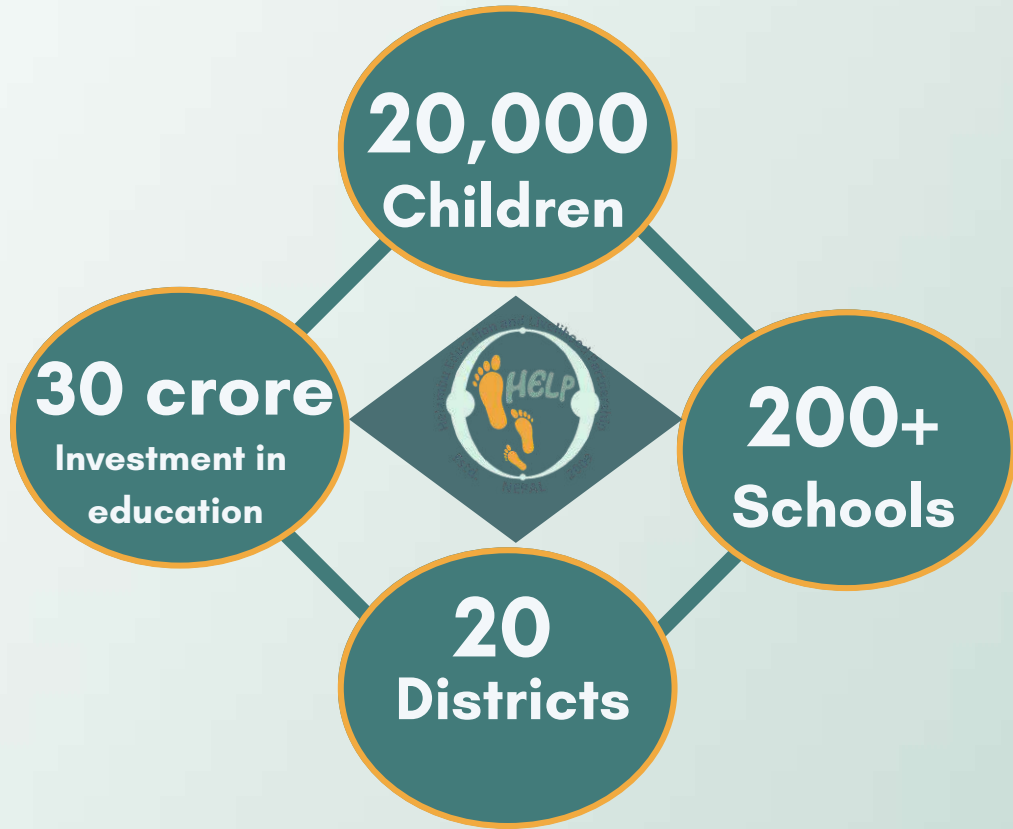
1. SAATHI Programme
2. Scholarship & Leadership Development Programme
3. BHAROSA Programme
4. Construction Programme
5. School in a Bag
6. Humanitarian Support
7. Livelihood Programme
8. Donation and Support

These initiatives reflect HELP's unwavering commitment to making a lasting positive impact on the lives of those it serves.



# HELP IMPACT AND REACH

IN 12 YEARS





# HELP IMPACT AND REACH

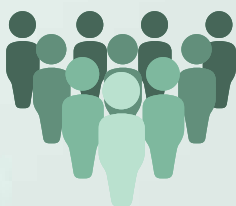
## OVERALL IMPACT



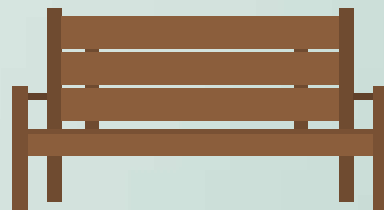
15  
Schools  
reconstruction  
support



21,000+  
school  
bags  
distributed



400+  
International  
volunteers



1500+ desk and  
benches



605  
scholarships provided



47  
saathi teachers



2  
Community  
buildings

# HELP CORE PROGRAMME

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Scholarship and Leadership Programme

Saathi Teachers Programme



HELP  
CORE  
PROGRAMME



School in a Bag

Community Building and  
livelihood Support



Volunteering  
Programme

# SAATHI TEACHERS PROGRAMME

The Saathi Programme is designed to reduce educational inequality and build strong foundations for primary-level students whose learning is being neglected due to societal attitudes towards the importance of primary school education. We recruit and train passionate candidates to teach in high-need schools for a two-year placement, providing good quality education to children at the primary level (Grades 1-5).



## Saathi Progress 2022-2023

### 1. Tripurasundari RM Baseline Survey

The survey results show a dismal learning level of students in Tripurasundari RM. Even when grade 1-8 students were tested on basic literacy and numeracy questions of grade 3 levels, only 2.93% could respond to division questions; in Math and English, a mere 3.97% of students could solve the comprehension problems, the highest level of questions asked.



### 2. Recruitment of 4th Cohort

Recruitment for the Saathi Teachers Programme began on December 15th 2022, and lasted three months. Over 250 individuals applied for the position, but only 50 made it to the final interview. Ultimately, only 12 candidates were selected for the programme.

### 3. Parents Event- Immersion into the ethos of the Saathi Programme

On March 18th, 2023, after selecting candidates, we held an event called "Immersion into the Ethos of Saathi Programme and Parents Events" to orient the guardians of the new cohort.



#### 4. Panchpokhari Sikai Mela

The Saathi Teachers' inaugural exhibition has transformed and is now known as the "Panchpokhari Sikai Mela." This educational event, aimed at primary-level students, was financially supported by Panchpokhari Rural Municipality and received participation from all the schools within the rural area. A total of 30 schools were involved in the event, including five schools where our Saathi Teachers are placed.



#### 5. Teachers Workshop

We held a 2-day workshop for ten teachers from 5 schools in Tripurasundari RM. The training covered Classroom Management, Teaching Material Preparation, Digital Literacy, Child Psychology, and Parent Management.

#### 6. Expansion of the Programme

Following the Saathi Info session with various local governments, two local governments applied for the Saathi Teachers Programme. Eventually, Abukhaireni RM in Tanahu District was chosen based on working feasibility and criteria set by HELP. On April 7th, the CEO of HELP and the Chief of Abukhaireni RM held a final discussion and signed an MoU for a two-year Saathi Teachers Programme involving 10 Saathis across the five selected schools.



#### 7. Saathi Placement

After completing Saathi School, on April 21st, 12 graduates were placed at nine schools across Panchpokkhari RM, Tripurasundari RM in Sindhupalchowk, and Abukhaireni RM in Tanahu District.

#### 8. Saathi Strategic meeting

The entire HELP staff, including the chairperson, came together for the annual strategic meeting. In this gathering, we discuss the exciting prospects for the upcoming year while reflecting on the events and achievements of 2022. We had the wonderful opportunity to visit Yangrima Academy and the Just Nepal Foundation. Their insights into the "Total School Approach" implemented in various schools within Helambu RM were enlightening.





# Local Champions of the Saathi Teachers Programme

## Panchpokhari Rural Municipality

### Mr Tashi Lama

In 2019, the Saathi Teachers Programme took its first steps in Panchpokhari RM, collaborating with ten Saathi teachers across five schools. Leading the charge was Mr Tashi Lama, a prominent figure as the local government's chief, both then and now.



## Tripurasundari Rural Municipality

### Mr. Bhaktadhoj Bohora

Tripurasundari, RM, lies in Sindhupalchowk district, where the Saathi teachers programme runs in full partnership. Mr. Bhakta Dhoj Bohora is the chief of the local government.



## Abukhaireni Rural Municipality

### Mr Sukra Chuman

Abukhaireni RM from Tanahu district is the first local government HELP has collaborated with other than the Sindhupalchowk district. The Saathi teachers programme runs in full partnership, and Mr Sukra Chuman is the local government's chief.



# Our national guide for Saathi teachers Programme

## Hon. Gagan Thapa

House of representative and a long-term supporter of HELP



## Prof. Dr. Bidyanathan Koirala

Former Head of the Department of Central Department of Education at Tribhuvan University.

## Hon Shishir Khanal

House of representative, former Minister of Education, Science and Technology and co-founder of Teach For Nepal of Teach For Nepal



## Dr. Meenakshi Dahal

Chairperson Sarthaak Shiksha, Visiting Faculty-Kathmandu University School of Education. programme runs in full partnership, and Mr Sukra Chuman is the local government's chief.

## Meddin Lamichhane

Principal, Chief Academic Officer & Member Secretary.



## Sudarshan Sigdel

General Secretary-NCE Nepal and has been working as an editor in Aajako Sikshya weekly newspaper.

# Our international Supporters for Saathi Teachers Programme

## Hirsh Cashdan

**CHAIR- Mondo Foundation**

In 2009 Hirsh became a trustee of the foundation and he has taken a special interest in the programmes in Nepal. Hirsh is a staunch supporter of both Scholarship and Saathi Programme.



## Sarah Mackeness

**Leader, BRANNGO Education Working Group**

Sarah has worked in the UK state education system for the past 20 years as a Learning Mentor and has specifically worked with young people who require special educational support.



## Jytte Svendsen

Jytte is a teacher and headmaster at Holmes School in Korsor, Denmark. She is the international coordinator to International Teachers Association based in Copenhagen. She is a friend and supporter of the Saathi Teachers Programme ever since learning about this programme, having previously supported teachers grant programme run by HELP.



## Sam Hagen

Sam Hagen is the CEO at Go Global Vt, a partner of HELP in establishing sister schools in Nepal with Vermont-based schools. As an educator and an instructor, he is most interested in the Saathi Programme and its training aspect.



## Jon Schultz

Jon is a chairperson of Interhands and supports the Scholarship programme run by HELP. He and his family last visited Nepal in April of 2023 and visited HELP's project sites.



## Anna Brian

**Former-CEO, Mondo Foundation**

Anna was CEO of Mondo Foundation, supporting education projects in Nepal and she was there from the inception period of Saathi Teachers Programme.



# SCHOLARSHIP AND LEADERSHIP PROGRAMME

In 2010, the HELP Scholarship programme was established with a noble objective: to support bright and financially disadvantaged SEE graduates from the Sindhupalchowk region pursuing higher education (10+2 or equivalent). This program extends its support to an average of 40 students each year, and through this consistent aid, it has successfully empowered a total of 555 students to date. These students have been able to pursue higher education, enabling them to fulfil their educational aspirations.

## Scholarship Progress 2022-2023

### 1. Scholarship Distribution Ceremony

This year, HELP, in collaboration with the Mondo Foundation, awarded scholarships to 45 students from rural public schools. These recipients were meticulously selected through a highly competitive process by a dedicated selection committee. The scholarship awards were based on a comprehensive evaluation, considering the student's academic excellence, financial need, clarity of their ambitions, commitment to community service, and leadership potential.

To ensure fairness, a special committee was formed to thoroughly review each application, carefully reading their essays and conducting one-on-one online interviews. This achievement reflects our commitment to nurturing deserving talents and empowering them to achieve their educational dreams.

During the scholarship distribution ceremony, alumna Srijana Waiba and Bishnu Mijar shared their inspiring journeys, reflecting on their experiences from being scholarship recipients to where they are today. Srijana, who is currently pursuing her Bachelor's degree in New Zealand, offered her heartfelt advice and well-wishes to the current scholarship recipients. She expressed her gratitude to HELP for her remarkable journey, which began as a recipient of School In a Bag and continued through her scholarship years, ultimately leading to her graduation.



# SCHOLARSHIP AND LEADERSHIP PROGRAMME



**HELP SCHOLARSHIP AWARDEE-2022**



**Srijana Waiba-Scholarship student 2020**



**Bishnu Mijar-Scholarship student 2015**



**Scholarship Interview-2022**

# SCHOLARSHIP AND LEADERSHIP PROGRAMME

## Bharosa Scholarship

Bharosa is a programme aimed at providing assistance to students who have been left without their primary educational support due to the unfortunate demise of a family member due to COVID-19. Covering all provinces of Nepal, Bharosa places particular emphasis on districts with lower scores on the human development index.

The outreach for scholarship applications was conducted in partnership with the Dish Home service provider and through the Bharosa website. Applications for scholarships were received based on recommendations. In its inaugural year, Bharosa has extended support to 35 students from various corners of the nation, individuals who have lost their educational pillars and are facing challenges in continuing their studies.

Bharosa Scholarship is governed by a team from different walks of life, including Hon. Gagan Thapa, Sudeep Acharya (Dish Home), Manish Jha (Facts Nepal), Ms Charu Chadda (Business 360) and Jimmy Lama (HELP). The scholarship is awarded on an absolute need basis with a monthly financial grant of Rs. 5000 per month per child. Helambu Education and Livelihood Partnership (HELP), with a decade of managing a similar scholarship programme, is hosting the programme for operation. Facts Nepal provides the technical support and data analysis required to drive this programme.

### Bharosa this year:

1. *Scholarship Distribution:* We're aiding 35 students, and payments are made via bank transfers after ensuring each recipient has a bank account. The scholarships are given in four instalments each of Np.15,000.
2. *Board Meeting:* On February 5th, the 6th Bharosa Board meeting occurred at Alice restaurant with all the board members.
3. *Ongoing Oversight:* Rigorous monitoring and evaluation ensure effective scholarship utilisation and impact. Regular calls to recipients and parents ensure follow-up, maintaining program effectiveness.



# Bharosa Scholarship



**Handover of Bharosa Scholarship**



**Bharosa Board Meeting**

# SCHOOL IN A BAG

School in a Bag, a UK charity, sends educational resources in bags to marginalised students facing war, famine, natural disasters, and poverty worldwide. Each bag is filled with stationery and tools to support learning and self-expression. HELP has been working with School in a Bag since 2012 and has distributed over 21,000 bags by the end of 2022.

By distributing school bags filled with supplies, the initiative improved access to education, encouraged attendance, and empowered the students for overall development.

The red Schoolbag is a joy of inspiration to most of the students who got the bags. This bag contains necessary items such as:

- Four copies
  - Sketch-book
  - Pencils, Crayons, Pens and Scale
  - Geometry Box
  - Water Bottel
  - Hygiene Kit
- The hygiene kit was introduced in September 2018 and includes:**
- a handkerchief
  - toothbrush
  - toothpaste
  - comb
  - nail-clippers
  - soap

“Our goal is to provide students with necessary stationary items for a minimum of six months, ensuring that no child has to drop out of school due to a lack of essential educational resources”-

**School in a Bag- Luke, CEO**



## School in a bag distribution timeline:

- **April/June:** Supporting the government's admission campaign.
- **October/November:** Reducing the dropout rate during the high-risk season for student attrition.

## School in a Bag 2022/2023

We have successfully distributed 1768 bags across 14 schools spanning four districts in the current year.



# Name of schools and number of bags distributed.

## Baglung District

- Shree Gyanodaya Basic School- Bareng Rural Municipality, 126 bags.
- Shree Mundridev Basic School- Kathekhola Rural municipality-02, Bhima Pokhara, 64 bags.
- Shree Nawayubak Basic School- Kathekhola Rural Municipality-05, Bihunkot, where we distributed 122 to the school's students.
- Shree Ramrekha Basic School-Baglung Municipality-01, Ramrekha, where we distributed 68 school bags.

## Sindhupalchowk

- Shree Kumbheshwary Basic School-Panch Pokhari Thangpal Rural Municipality-05, Gunsha. 155 school bags.
- Shree Satkanyamati Secondary School- Panchpokhari Thangpal Rural Municipality-05, Gunsha. 513 school bags.
- Shree Daduwa Basic School-Melamchi Municipality-11, Daduwa. HELP distributed 85 school bags.
- Shree Bhim Bidhyashram Secondary School-Panch Pokhari Thangpal Rural Municipality-01, Banskarka. HELP distributed 250 school bags.
- Shree Seti Devi Basic School-Tripurasundari Rural Municipality-01, Gorthali. On May 25th, 2022, we distributed 73 school bags.
- Shree Ganesh Basic School-Tripurasundari Rural Municipality-02, Latu. On May 25th, 2022, we distributed 77 school bags.

## Taplejung

- Shree Pathivara Basic School-Phungling Municipality-09, Hangdewa. The event involved the distribution of 31 school bags.
- Shree Durga Basic School-Phungling Municipality-09. The distribution event aimed to support 20 students from the Limdu community, whose economic conditions were very poor due to residing in a rural area facing geographical vulnerability.
- Shree Tamor Nadi Basic School-Phungling Municipality-09, Taplejung. During this event, we distributed 69 school bags, to those who were facing challenges accessing educational materials for the entire academic year.

## Sarlahi

- Shree Janata Secondary School-Kaduna Rural Municipality-02, Phoolparashi. HELP distributed 115 school bags, along with educational resources and hygiene kits, to the students.

# SCHOOL IN A BAG



**School in a Bag distribution- Taplejung**



**School in a Bag distribution- Sindhupalchowk**



**School in a Bag distribution- Sarlahi**



**School in a Bag distribution- Baglung**



# VOLUNTEERING

We were thrilled to welcome back volunteers from Cambridge University as they dedicated four weeks to contributing across five of our partner schools, collaborating closely with our Saathi teachers. This volunteering initiative operates in tandem with the Saathi teachers' program, which provides comprehensive support to educators and students to enhance their exposure.

During September, ten Cambridge University (CU) volunteers actively engaged with three schools in Tripurasundari Rural Municipality and two schools in Panchpokhari Thangpal Rural Municipality. Their collaboration extended to the schools, local communities, and our Saathi teachers. Each of the five schools where our Saathi teachers were placed had the privilege of hosting two CU volunteers. In their free time following school hours, students focused on enhancing their communication skills, which are pivotal for improved reading, writing, and pronunciation.

The enthusiasm and dedication demonstrated by CU volunteers in striving for transformative educational change have consistently been a source of inspiration. Collaborating with individuals deeply passionate about education enhancement is always a remarkable experience.



# LIVELIHOOD PROGRAMME AND CONSTRUCTION PROGRAMME

## Green-house polytunnel programme

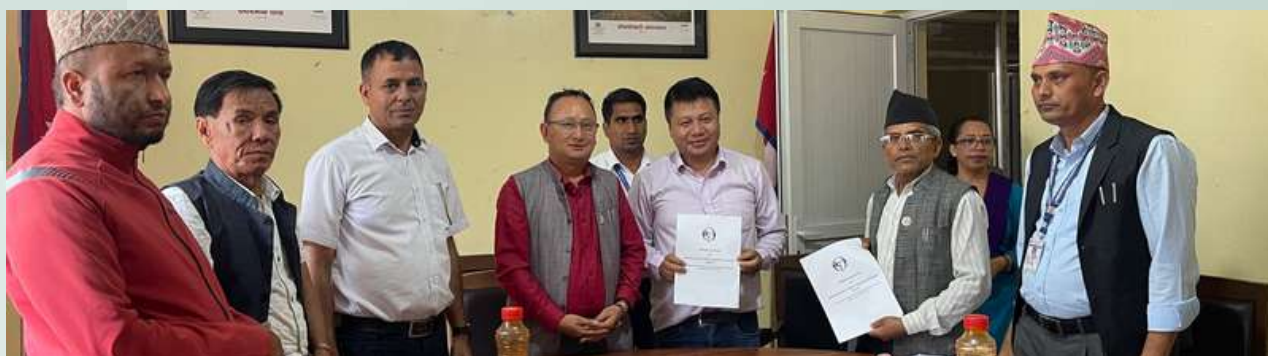
With support from Project Solutions, we have planned to support 15 families affected by COVID-19 by providing them with a greenhouse building and equipment. This is to strengthen the livelihood aspect of our programmes, where we aim to support families in poor economic status to help them grow food throughout the year. This year, we have begun the support in Melamchi Municipality-6 and Chautara Municipality-7 and will continue next year to complete it.



## Construction Programme

At the special request of Paanchpokhari Rural Municipality, we will be supporting the reconstruction of two classrooms at Shree Langarche Secondary School, Laangarche and also equip the school with other educational facilities such as the setting up of early childhood classrooms, library books and science equipment. This is one of the schools in the municipality that did not receive enough attention from the government and other agencies after the earthquake that destroyed the entirety of its physical structures. We have signed an MoU and placed a plan to start the work soon after the monsoon.

Further, we are also pleased to share that we have completed the construction of the Parangtol community building, where we equipped the school with more furniture.





# OTHERS SUPPORT

## Medical emergencies and donations

As always, in addition to our core programmes this year, we, too, have provided some emergency medical support based on needs and requests. Also, we have made one-off grants for the programmes that are deemed meritorious to support that fall within the scope of our partnership. For example, we donated Rs. 100,000 towards the treatment of a cancer patient who is a student of a school we have supported for a very long period of time in the village of Gufa. Similarly, we have also supported the installation of a drinking water supply for a school in Budanilkanta, run under the trust model by the local community.

Similarly, we have arranged to provide tracksuits for over 400 students at Shree Ichowk Secondary School in Helambu in the winter of 2022.



## Evaluation by Social Welfare Council.

Two separate teams were formed by the Social Welfare Council to evaluate the projects HELP has developed and implemented over the last 5 years. The team visited Sindhupalchowk and Rasuwa to assess the wide range of our programmes from school reconstruction, community building, Saathi teachers Programme, Scholarship Programme, School in a Bag support and Greenhouse support etc. The team held a close interaction with most of the key stakeholders from our partner schools, students, local government officials and our staff members. It culminated in a report presentation at the office of the Social Welfare Council.

# EVENTS PARTICIPATED

## Presented Saathi Teachers Programme

Saathi Teachers Programme coordinator Ranjana Gautam and Chair Jimmy Lama presented the programme at partner organisation Teach For Nepal on January 21st 2023, on the topic "Employer and Employee".



## Go Global Vermont visit to Nepal:

Community exploring and reconnecting at Bhotenamlang. Exploring the HELP project's active site and engaging with Saathi teachers in Melamchi, all while witnessing the impactful work of our scholarship alumni.



## Jimmy Lama visits Norwich University.

Jimmy Lama, our chair, visited Norwich University and its faculties to establish a partnership facilitated by GoGlobal Vermont in October 2022. Following the trip, a bunch of faculty members from the university visited Nepal, and we are now working closely with GoGlobal to materialize the various potential and promising projects, including long-term support for Bhotenamlang village.





# EVENTS HOSTED BY HELP

## **Jimmy Lama, attend Anthony Lunch memorial service.**

Jimmy Lama was invited to attend the memorial services of our dearest friend, Anthony Lunch, in February 2023. It was held in Chichester and attended by scores of his friends. Jimmy delivered a eulogy representing Mondo's partners around the world. Jimmy then visited SIAB and CU HELP volunteers and spent a strategic meeting with the trustees MOMondo. Foundation. of



## **Interhands visit Nepal:**

The founders of the Norwegian organisation Interhands visited Nepal and HELP, and we set up a partnership to support our annual Scholarship programme in which the agreement has been reached to fund 25 scholarships each year for at least for the next three years.



## **Scholarship Student's Interaction with Norwich University Team**

We held an exposure discussion on "Avenues to Studying in America and Taking a leadership role" for Scholarship alumni and students.

# 12th Anniversary celebrated!

This year, HELP celebrated its 12th year of existence with all of its supporters, school headmasters, well-wishers, staff members, students, and friends in order to express our sincere gratitude for the support they have given us ever since HELP's establishment.

A day-long event was held at Grand Norling Resort with a student exhibition under the supervision of Saathi Teachers, an amazing, enthusiastic team of HELP scholarship students and alumni volunteering, and a fantastic performance by grades 4 and 5 on stage for the first time in Kathmandu. This was undoubtedly a proud moment for the respective schools and for the Saathi Teachers Programme.

We sincerely appreciate our guest's gracious attendance as we celebrate with the students on this day and share some pictures of the guests, exhibitors, and performances.

We thank our event's main guest, Honourable Gagan Thapa, who is to be applauded for sharing his side of the story and connection with the work HELP is doing. Dr Bidhyanath Koirala, esteemed Bangsalal Tamang, and social worker Kancha Lama delivered some wise thoughts as well.

The same evening, we had an intense and qualitative session- "Sikshya ma Bahas," in the panel with representatives from Melamchi Municipality, Paanchpokhari Ruralmunicipality and Tripurasundari Ruralmunicipality from Sindhupalchok district.





# INSTITUTIONAL PARTNERS



Mondo Foundation works primarily in India, Nepal and Tanzania and works to provide sustainable support for education and livelihoods in these countries. They strive to address the quality of education, gender inequality and economic growth and HELP heads their work in Nepal.



School in a Bag is a simple initiative to help disadvantaged children worldwide attend school. They provide poor, orphans, vulnerable and disaster-affected children with School Bags filled with stationery, learning materials, resources, personal hygiene kits and eating utensils.



International Teacher Association  
ITA

ITA vision is to bring together educators to better ensure consistency and excellence throughout the educational landscape.



Go Global VT is nourishing the spirit of international collaboration and relationships, and using these as tools to prepare Vermont's youth with the skills, competencies, and knowledge necessary to be responsible global citizens.



Cambridge University HELP works in partnership with HELP Nepal to recruit volunteers to teach in the school's HELP supports throughout the university summer holidays.



Local Government Partner for Saathi Teachers Programme



Saathi Teachers Programme has expanded its working partnership with three local governments. In 2023, we partnered with Abukhareneni rural municipality with 10 saathi at 5 different schools,

Along with the Saathi Teachers Programme, HELP supports other educational resources and International volunteers in the schools placed in these local governments.

# Budget and Finance

## Summary: HELP Income and Expenditure Summary 2022/2023

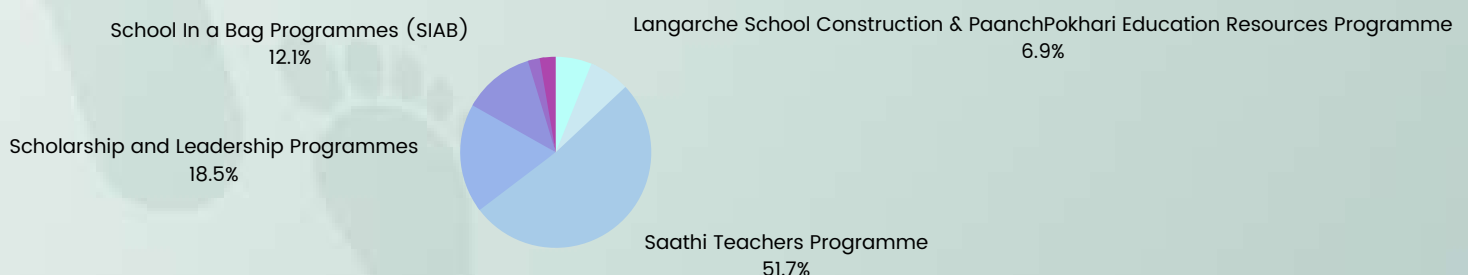
HELP's key funder remains Mondo Foundation in the UK through whom several grants have been secured this year towards Saathi Teachers Programme, Scholarship, GreenHouse and School reconstruction programme. Some of the notable supporters behind Mondo Foundation this year were Boltini, Guernsey, BFSS, Waterloo Foundation, ST. James, The Project Solution and several individuals. Our past volunteers also make a huge contribution and this year volunteers raised well over £4000. Another major supporter is School in a Bag who fund all of the SchoolinaBag Programme we do in Nepal. We have also been continuing the provident fund set up in memory of Robin Needham and that continues to support several students. Some of other funders are Interhands supporting our Scholarship Programme and GoGlobal Vermont who are working to raise some funding towards Saathi Programme as well a buying a medical equipment for a remote village of Hagam.

Locally, we have a fantastic growing number of partners at the local government level to co-fund our Saathi teachers Programme. Two municipalities now fully cover the monthly stipend of our Saathi Programme and one covers 70% of the cost. Similarly as we host Bharosa Scholarship programme, we are grateful to Dish Home Pvt. Ltd for their support.

Our total income in the fiscal year 2022 was Rs. 28,393,747.18(Rupees Twenty-eight million, three hundred and ninety-three thousand, seven hundred and forty-seven rupees only), and our total expenditure was Rs. 25,824,608.44(Rupees Twenty-five million eight hundred and twenty-four thousand, six hundred and eight only).

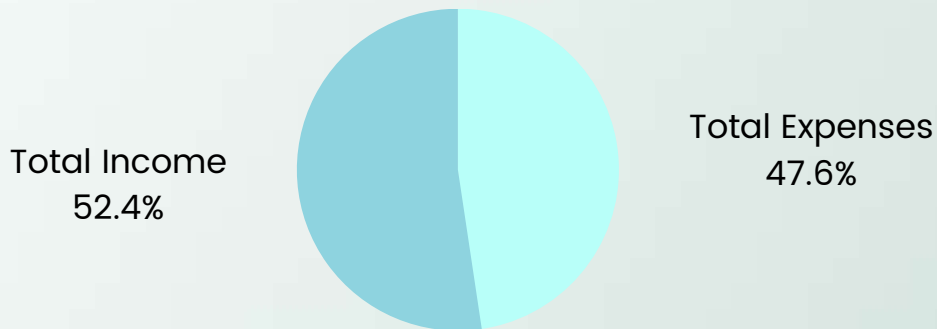
About 52% of the total budget was spent on the Saathi Teachers Programme and about 19% on the Scholarship and Leadership Programme. About 12% is spent on School in a bag programme.

We are delighted to report that we have been able to keep our overhead expenditure very low at 6.1% of the total cost.



# Budget and Finance

## HELP Income and Expenditure Summary 2022/2023



For the period of 2022/2023

Total Income	Amount in NRS	In Percentage
	29,062,747.18	
<b>Expenditure</b>		
• Administrative Expenses	• 1,612,915.00	6.1
• Langarche School Construction & PaanchPokhari Education Resources Programme	• 1,653,748.00	6.9
• SAATHI Teachers Programme	• 12,605,125.69	51.6
• Scholarship and Leadership Programmes	• 2,302,850.00	18.5
• School In a Bag Programmes (SIAB)	• 2,966,024.50	12.1
• Emergency Support & Donation	• 494,000.00	2
• Social Welfare Council Monitoring & Evaluation Exp	• 660,390	
• Bharosa Scholarship Programme	• 2,256,621	2.7
• Parangtol Community Building Reconstruction	• 225,050.00	
<b>Total</b>	<b>25,922,508.44</b>	<b>100</b>

# HELP'S EXECUTIVE BOARD MEMBERS



**Jimmy Lama**

Jimmy has maintained strong links to the Helambu region, where he grew up and was educated. In 2008, Jimmy worked in the UK at Mondo Challenge Foundation, fine-tuning various organisational and fundraising skills. This vital experience enabled to establish HELP the following year.



**Chhiring Lama**

Chhiring is a founding HELP member and has been actively involved since its inception. Whilst working as Operations Manager, he worked to recruit teachers, oversee building development, supply school materials and manage volunteers. He currently serves as the treasurer



**Prakash Shrestha**

Prakash worked at HELP in charge of our Education Quality Improvement Program (EQulP) for 2 years. His experience and expertise are crucial to developing HELP's Saathi programme. He now works as Prime Minister Employment Coordinator in Gorkha.



**Aasish Shrestha**

Aashish worked at HELP as Finance and Procurement Officer and manages all of HELP's finances, including all donations and scholarships granted by HELP. He joined the organisation in 2015. Soon after he joined the ministry of health procurement department and has now moved to the World Bank.



**Saru Giri**

Saru comes from Bhotenamlang and finished her schooling at Shree Bhotenamlang Secondary School. She qualified for Mondo-HELP Scholarship in 2015 and two years later joined HELP as a staff member. She worked as a key member of HELP as a correspondence officer and assistant programme officer.



# HELP'S EXECUTIVE BOARD MEMBERS



Sameer Ratna Bajracharya

Sameer has a career background in Architecture and has assisted with designing schools for HELP since 2015. He oversaw the construction of most of the schools which the organization is helping to rebuild.



Sushmita Tamang

Sushmita comes from Bhotang and finished her schooling Bhotang. She qualified for Mondo-HELP Scholarship in 2015 and studied PCL Nursing. She is now a health-post in-charge at Hagam Health Post in Jugal RM. Five years later she joined HELP as a board member.

## GENERAL MEMBERS

Kuber Lama

Saathi Teacher Alumni

Sabin Adhikari

Scholarship Alumni

Malati Sapkota

Scholarship Alumni

Prabesh Gole

Scholarship Alumni

Manila Bomjan

Scholarship Alumni

Purni Tamang

Scholarship Alumni

Arjun Chaulagain

Scholarship Alumni

Mohan Tamang

Past Employee

# HELP TEAM



**Jimmy Lama**

Chief Executive Officer & Founder

Jimmy is founder CEO of HELP. After pursuing a masters in UK, he worked with MONDO foundation for 9 months. Then he came back to Nepal and founded HELP. He looks after overall operation of the whole organisation and his major responsibility is to manage fundraising.



**Kishor Raj Singh**  
Finance Officer

Kishor completed a masters in business administration and joined HELP on 2017 as finance officer. He is responsible for organising and managing all of HELP's finances, including all donations and scholarships granted by HELP.



**Ranjana Gautam**  
Programme  
Coordinator

Ranjana is former teacher and teacher coach. She joined HELP on 2020 as program coordinator. Her primary job is to design and execute plans for different programmes at HELP.



**Ram Hari Sapkota**

Scholarship  
Coordinator

Ramhari is a former teacher and currently he is overseeing the scholarship and leadership programme at HELP.



**Kavita Tamang**

Teachers Development  
Coordinator

Kavita is an Alumni of Saathi Teachers Programme and currently she is a Saathi Coordinator at Saathi Teacher Programme. She leads Saathi's by continuously supporting the Saathi Teachers and investing in their professional growth.



**Sadikshya Pandey**

Teachers Development  
Coordinator

Sadikshya is a Saathi Coordinator currently at HELP Saathi Teacher Programme. She lead Saathi's by continuously supporting the Saathi Teachers and investing in their professional growth.



**Melina Shrestha**

Teachers Development  
Coordinator

Melina is a Saathi Coordinator currently at Saathi Teacher Programme. She lead Saathi's by continuously supporting the Saathi Teachers and investing in their professional growth.



**Amrit Tiwari**

SIAB Coordinator

Amrit joined HELP in 2022 as an intern. He is originally from Melamchi and also one of HELP scholarship students. He is working as a programme assistant.



# Thank You !



Jorpati, Chhahari Club



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